Pyramid FITNESS PERKS

The Pyramid is focused on providing our members with an incredible fitness experience. In addition, we offer the following membership perks:

1. $5 off an hour massage at Pyramid Wellness (call to schedule: 802-775-8080)
2. $5 off ionic foot baths
3. Discount on the use of the far infrared sauna ($0.50/minute instead of the usual $0.75/minute)
4. Discount on the use of the Oxygen Bar ($2/session instead of $5/session and special package rates)
5. Drop-in child care at the Boys and Girls Club ($1/child or $15/year)
6. FREE pool membership at the Ramada Inn
7. $10 off personal training
8. Special discounts on Pyramid Wellness workshops and special events
9. Discounts on select Pyramid Wellness classes
10. Access to members-only events and presentations

These perks are subject to change at any time. For questions, see a Pyramid Fitness team member.